

Frequently Asked Questions

1. How many appointments will I have?

Vein treatment involves multiple appointments, often a couple times a week, and requires a time commitment. The exact number of visits is determined after your ultrasound scan and is influenced by your medical history and physical exam. Finishing your full treatment plan is crucial for the best and longest-lasting results. Think of your appointments as a short-term inconvenience for long-term gain; you likely will not need this many treatments for vein disease ever again.

2. How will you diagnose my condition?

Your journey with us begins with a consultation. During this visit, we'll get to know you better by asking about your medical history and reviewing your symptoms. We'll then perform a thorough physical exam and a diagnostic ultrasound to check your veins for any damage, swelling, or backwards blood flow. Based on these findings, we'll provide you with a comprehensive overview of all your available treatment options.

3. Is treatment painful?

Most patients feel little, if any, pain during the procedure. Since there are no incisions and no stitches, the sensation is often compared to a small sting, similar to a flu shot or a bee sting.

4. Will I have pain, bruising, or swelling after the procedure?

Our goal is to close the damaged vein so it naturally dissolves and permanently disappears. As your body absorbs the treated vein, you might notice some temporary shadowing or discoloration if the vein was close to the skin. You can expect some mild bruising or soreness, but this should be short-lived and won't keep you from your daily activities.

5. When can I return to normal activities?

Many patients can return to their normal daily routine the same day as their procedure. For all other activities, (hiking, pickleball, golf, etc.) most individuals are typically ready to resume them within 3 to 4 days. Your provider will offer personalized guidance on when you can safely return to all your activities.

6. Can vein disease come back after treatment?

It is very rare for treated veins to grow back or cause issues in the future. While treated veins are usually permanently closed, if you're younger or develop new issues, you might need future "touch-up" treatments. This is because a vein that's healthy now could become damaged later, or you could develop new symptoms in previously untreated veins. Good follow-up care is essential for catching new issues early on and preventing existing conditions from getting worse.

7. Will my insurance cover the treatments?

We are in-network with a wide range of insurance plans and the majority of insurances cover our treatments. For those without coverage or needing help with deductibles, we provide convenient financing options to ensure you can access the care you need.

8. How long will I have to wear compression stockings?

For the best results, keep your UVC compression stockings on without interruption from the evening of your procedure through the entire next day. Following that, we advise wearing them for one week (5-7 days), focusing on daytime use when you're on your feet and engaging in activities.

9. Does UVC treat spider veins?

At UVC, our treatment model is based on medical necessity. This means we don't treat spider veins for cosmetic reasons alone. However, spider veins can often indicate underlying vein disease, especially if you're experiencing symptoms like cramps, swelling, or heaviness. If we find an underlying cause, treating your vein disease can improve the appearance of your spider veins.

10. What are the implications of permanently closing a vein? Will I still have enough healthy veins for proper blood flow?

We focus solely on treating damaged superficial veins, which are the veins closer to the skin's surface. Your deep vein system, which carries the majority of your blood, does not get operated on. In addition, a damaged vein valve cannot repair itself and will never work properly. By closing the damaged vein, your blood simply reroutes through healthy veins, relieving bothersome symptoms.